

## Weekly **Activity** Schedule

| Time    | Monday   | Tuesday  | Wednesday                         | Thursday   | Friday                             |
|---------|--|--|-----------------------------------|--|------------------------------------|
| 10am    |  | <b>Men's Book Club*</b><br>4th Tuesday of the Month<br>Clubhouse |                                   | <b>Creative Endeavors</b><br>Clubhouse                     |                                    |
| 11am    |  |  | <b>Mahjong</b><br>11:30 Clubhouse |  |                                    |
| 12:30pm | <b>MG Band</b><br>Clubhouse  | <b>Music Group</b><br>Clubhouse                                  |                                   |  |                                    |
| 1pm     |  |  | <b>Canasta</b><br>Lodge           |  |                                    |
| 2pm     | <b>Pinochle</b><br>Clubhouse   | <b>Rummikub</b><br>Clubhouse                                     | <b>WCE</b><br>Lodge               | <b>Pinochle</b><br>Clubhouse                               | <b>Canasta</b><br>Clubhouse        |
| 3pm     |  | <b>Ping Pong</b><br>Clubhouse                                    |                                   | <b>Ping Pong</b><br>Clubhouse                              |                                    |
| 4pm     |  |  |                                   |  |                                    |
| 6pm     | <b>Crochet Club*</b><br>1 <sup>st</sup> Monday of the Month 5:30-7:30PM<br>Clubhouse | <b>Canasta</b><br>Clubhouse                                      |                                   |  | <b>Texas Hold 'Em</b><br>Clubhouse |
| 6:30pm  | <b>Bunco*</b><br>2nd Monday of the Month<br>Clubhouse                                | <b>Book Club*</b><br>1st Tuesday of the Month<br>Clubhouse       |                                   | <b>Bridge</b><br>Clubhouse<br><b>Pinochle</b><br>Clubhouse |                                    |
| 7pm     | <b>Pinochle</b><br>Lodge   |  |                                   |  |                                    |

## Weekly **Fitness Class** Schedule

| Time        | Monday  | Tuesday   | Wednesday   | Thursday  | Friday  | Sat.                                     |
|-------------|---|---|---|---|---|--|
| <b>8am</b>  | <b>Pickleball</b><br>Lodge  | <b>Pickleball</b><br>Lodge                                    | <b>Pickleball</b><br>Lodge  | <b>Pickleball</b><br>Lodge                                    | <b>Pickleball</b><br>Lodge  |  |
| <b>9am</b>  | <b>Aquafit</b><br>Clubhouse<br>Marlise<br><b>Yoga</b><br>Clubhouse<br>Madhu | <b>Tai Chi</b><br>Clubhouse<br>Maureen                        | <b>Aquafit</b><br>Clubhouse<br>Marlise<br><b>Yoga</b><br>Clubhouse<br>Madhu | <b>Tai Chi</b><br>Lodge<br>Maureen                            | <b>Aquafit</b><br>Clubhouse<br>Marlise<br><b>Yoga Club</b><br>Clubhouse<br>Teresa/Kathy/Kay | <b>Chair<br/>Yoga</b><br>Lodge<br>Silvia |
| <b>10am</b> | <b>Power<br/>Workout</b><br>10:15<br>Clubhouse<br>Silvia                    | <b>Small Group<br/>Training</b><br>Lodge<br>Anne <b>*RSVP</b> | <b>Power<br/>Workout</b><br>10:15 Clubhouse<br>Silvia                       | <b>Small Group<br/>Training</b><br>Lodge<br>Anne <b>*RSVP</b> |   |  |
| <b>11am</b> | <b>Chair Yoga</b><br>11:20<br>Clubhouse<br>Silvia                           |   | <b>Chair Yoga</b><br>11:20 Lodge<br>Silvia                                  |   |   |  |
| <b>6pm</b>  | <b>Aquafit</b><br>6:30 Clubhouse<br>Daphne                                  |   |   | <b>Aquafit</b><br>6:30 Clubhouse<br>Daphne                    |   |  |

- **No RSVP or Pre-registration** is required for Clubs & Fitness Classes unless otherwise stated
- **\* See Monthly Community Events Calendar for specific meeting date of Monthly & Bi-Weekly activities**