Notes From the Office:

*Security: Just this week, we have had doors left propped open at the clubhouse. You MUST ensure all doors are latched shut before you leave the buildings.

*The posted speed limit in the neighborhood is 20MPH. As we begin to have warmer weather, please be aware that there are more people out walking and biking. Be safe and watch out for your neighbors.

*Please do not move gym equipment between the Club and the Lodge. If one gym is in need of specific equipment please notify the staff.

*The acoustics will be installed in the Club and Lodge over the next two weeks in April. Fitness scheduling will be affected, with chair yoga and Tai Chi moving over to the Club. Thank you for your patience and cooperation as we make this transition together.

*We are always looking for ideas for new events. Please fill out an <u>event request form</u> and turn it in to Gina in the office.

Calendar Quick Links!

Fitness Class Schedule Activity Schedule April Calendar of Events

Upcoming Events

Bike Club

Clubhouse Saturday, April 13th / 9:30-10:30AM The Bike Club will hold a short informational meeting on Saturday morning to go over details for the season! Please plan to join us!

Blood Drive

Clubhouse Monday, April 22nd / 9:00AM Please donate during this critical blood shortage! Every 1 blood donation can save up to 3 Lives! Vitalant will be bringing a Bloodmobile to the clubhouse parking lot. Schedule an appointment by following the link <u>HERE</u>.

Music Night with Terry Nolte #4: A Musical Journey

Clubhouse Saturday, April 13th / 5:00PM This musical adventure will feature a perspective on R&B/Soul and will include 12 artists. Nolte will also divulge his personal choices for "Best Performer" and "Best Live Performance" with great videos of each. There will be rock ballads touting female lead singers from the 70's and early 80's. He will wrap up the evening by showing some "Ah-Ha" music (oh – that is the song/artist!) and include some history on these tunes. This will be "extra fun" you won't want to miss. Dinner will be served at 5pm. Please register <u>HERE</u> so we can account for food!

A Night in Memphis

Clubhouse Friday, April 19th / 6:00-9:00PM Join us for a very special evening inspired by Memphis and The King himself. A true southern BBQ is being provided by Patti Cowell, and entertainment by Elvis! We encourage you to dress for the occasion, dance, sing, and enjoy a night out with your neighbors. Please let us know if you'll be joining! If you'd like to contribute in some way, please reach out to Gina in the office.

Gina Blakewell, Lifestyle Manager | 5223 Espana St. Denver, CO 80249 | 303-307-4719 Staff Hours: Monday – Friday | 9:00 AM – 5:00 PM | Email: info@theclubatfv.com

FAIRWAY VILLAS **NEWSLETTER**

Creative Endeavors

Clubhouse *Thursdays* / 10:00AM-12:00PM April 18th – Using silicon molds to decorate Cigar boxes. <u>Register here.</u> April 25th – Watercolor notecards with Gean Townsley. <u>Register here.</u>

The sign-ups for these events are full, but please register to be added to the waitlist. If enough sign up, we will look into creating a second class.

Small Group Fitness

Lodge Tuesdays and Thursday 10-11AM Certified Sr. Fitness Instructor, Anne Nolan, leads this one-hour fitness class. In these classes you will work on cardio, strength, flexibility, and balance. Class size is limited to 6 people. Please only sign up for one spot per week to maximize the number of residents able to participate.

April 16th ClassApril 18th ClassApril 23rd ClassApril 25th Class

*Anne's personal training slots are currently full, but for more information please reach out directly by texting her at: (813) 240-6429. She has a dedicated block of time at the Club, and a second block of time at the Lodge for personal training.

It's a Small World Event

Clubhouse Saturday, April 27th / 6:30PM Join your neighbors for an evening celebrating heritage, community, and culture! Have you ever happened upon a neighbor and discovered that you both grew up in the same state? We want to celebrate what a small world it is at Fairway Villas! Lead a table for this fun potluck event and just make a fun dish to share, or you could go all out and decorate your table in special colors from your country/state of origin, dress up in traditional clothing, or introduce another special custom. If you don't want to organize or participate at a table, no problem! Come and enjoy the festivities and wander around our Small World in ... Fairway Villas! Looking to join a table? Check out the bulletin board in the clubhouse to see who is organizing! Sign up to attend <u>HERE</u>. *Small dishes to try may be available, but a full meal will not be provided.

Community Garden Plots

Garden applications and plots must be submitted and paid for by Monday, April 15th, 2024. We are thinking spring and gardens! The Fairway Villas Community Gardens will be prepped and ready to go before you know it! We are asking that you fill out the form HERE with your first and second choice of plots. The office staff will do our best to accommodate everyone. Plot maps can be found in TownSq under Documents, Community Gardens. You will also find the gardens application and code of conduct contract that must be submitted. Please stop in the office and pay for your plot ASAP. Garden plots will be prepared, and water will be turned on the last week of April. We are doing our best to make this happen as fast as possible and will let you know if anything changes.

CPR/AED Class

Clubhouse Thursday, April 18th / 1:00-3:00PM One of our Fairway Villas residents, Randy Schrantz, recently became a certified CPR/AED instructor. We are going to begin offering classes to familiarize yourself with CPR and using an AED machine like the ones that are in the Club and Lodge. These classes will not include the actual certification. The purpose will be to have as many residents as possible able to assist in an emergency or lifesaving situation. Please arrive promptly at 1pm and prepare to stay until 3pm. The cost involved will be \$10 (cash) and is meant as a donation to the church we are borrowing the manikins from. Class size is limited to 8 people. There will be more opportunities as we know this first class will fill quickly. Please register HERE.

Gina Blakewell, Lifestyle Manager | 5223 Espana St. Denver, CO 80249 | 303-307-4719 Staff Hours: Monday – Friday | 9:00 AM – 5:00 PM | Email: info@theclubatfv.com

FV World Series of Poker

Clubhouse Fridays / 6:00PM Apr 12th and 26th April 19th's game will take place at the Lodge. Thank you for your flexibility!

Beginner Poker Workshop

Lodge Tuesday, April 30th / 6:30PM Our resident poker expert and group lead, Lloyd Jenssen, will be holding a Beginner Poker Workshop for those interested in learning! The workshop will cover the basics of the game while also giving you insight into how the FV Friday night poker games work! We will start promptly at 6:30pm. There will be a \$5 buy in per game. Please bring in nickels, dimes, and quarters. (Some change will be available for trade.) JOIN!

Active Minds – Renewable Energy

Clubhouse **Saturday, April 27th / 10:30AM** *Note the date change. Energy from renewable sources (solar, wind, geothermal, hydro, etc.) is an important part of the future of energy in the U.S. and the world. The issues involved are complex, involving technical challenges, economic issues, as well as environmental, political, and social factors. Join Active Minds as we survey the current state of renewable energy and look at the various forces that will influence how these resources will evolve in the future.

Techie Thursday

Clubhouse Thursday, April 18th / 5:00PM We will have a tech expert available at the Club for any of your technology needs. Bring your phone, tablet, or computer and get all (or some of) your questions answered. Time slots will be 30 min. If you have the same question as another neighbor feel free to buddy up and just sign up for one time. *Please only one slot per household. Gina will also be available for any TownSq specific questions or problems on a dropin basis! Sign up for a time slot with our expert HERE

<mark>New Club!</mark> Walking Group

Clubhouse and Lodge *Daily* / *AM* and *PM* Times A group of residents has started a walking group. They will begin meeting this Sunday, April 14th in the evening. The following days and times will be tested for two weeks, and then depending on the response we will adjust the schedule. Meet by the door of the Lodge or Club depending on the meetup location indicated below. Sunday, Wednesday, Friday: LODGE 6:15PM Monday, Tuesday, Thursday: CLUB 8:00AM

FAIRWAY VILLAS **NEWSLETTER**

Save the Date:

Men's Book Club

Clubhouse Tuesday, April 30th / 10:00AM The next book to be discussed will be <u>Personal</u>, by Lee Child.

2024 Community Trash Clean-Up

Clubhouse Sunday, April 21st / 1:00PM-3:00PM Join us for this annual event! Years past have been very successful and personally rewarding for those involved. This year, the areas that we normally clean up are surprisingly clear of much litter. Therefore, the plans have been adjusted to work on areas that still need attention. Please let us know if you can <u>help!</u> We've also attached a map to help visualize the different zones we'll be tackling!

Men's Pancake Breakfast

Clubhouse Saturday, May 4th / 8:00AM Join Jack Sargent and the men of Fairway Villas for a pancake breakfast. You are welcome to come earlier and enjoy a cup of coffee. Cost is \$10.00 per person. Please plan to pay the day of the event. Contact Jack at jacksargent4@aol.com if you'd like to help set up or flip the cakes! For more details or to secure your spot CLICK HERE!

GVR Senior Lunch Trip

Clubhouse Friday, May 3rd / 10:15AM The GVR Metro District is inviting Fairway Villas residents to take part in their monthly lunch trips. May 3rd they will be traveling by van to Ted's Place in Commerce City. This could be a fun way to meet new people in the Green Valley Ranch area! We must have 5 people signed up in order to go and the van is willing to pick up FV residents at our clubhouse if enough sign up. Please see the attached flyer and registration form or contact Gina in the office. The GVR contact is Sabrina Foss-Stockwell, not our Sabrina 🙄

Community Garage Sale

Saturday, June 1st More information to come!

Puzzle Competition

Thank you!

After a tense two hours, Tammy Powell, Becky Hammer, and Kelvin Klink were declared the winners! Thank you to all those that came out for a fun afternoon. We will definitely be doing this event again!