# FAIRWAY VILLAS

#### Notes From the Office:

\*We are excited to have welcomed our new Maintenance Technician, Nick Bryan, this week! Make sure to say "Hello" and welcome him to the team. Please remember that all maintenance requests must be made through TownSq first!

\*Looking ahead to 2024! The PAC is looking for new members. If you are passionate about community engagement and looking to get involved this is the group for you! Please review these <u>documents</u>, and then submit your <u>application</u> to Gina if you're interested. We will have at least 2 positions to fill. \*Please ensure you are observing Family Hours. 3:00-6:00PM Daily \*Note the time change for Tuesday night Canasta to 6:00PM

#### **Calendar Quick Links!**

Fitness Class Schedule Activity Schedule October Calendar of Events

# Save the Date!

CAC Meeting

Clubhouse | Saturday, November 4<sup>th</sup> 10AM

#### **Cookie Exchange**

Clubhouse Saturday, December 9th / 1PM

**Caroling** Clubhouse Sunday, December 10<sup>th</sup> / 3-4P

#### Halloween Potluck and Costume Contest

Clubhouse / Saturday, October 28<sup>th</sup> 5PM-9PM A spooktacularly fun evening with your neighbors at the Fairway Villas Clubhouse! Join in the fun with a costume contest and spookiest dish contest! There will be games, and Halloween Trivia! <u>RSVP HERE</u> or just come and join the fun!!!

# UPCOMING EVENTS: Fairway Villas Holiday Party

Botanic Gardens – Mitchell Hall

Saturday, December  $16^{\text{th}} | 6:30 - 9:30 \text{ PM}$ 

The deadline to pay for the Holiday Party is Nov. 1<sup>st</sup>. Even if you have signed up on the website, you will not be included in the guest count unless you have paid by this date. Drink tickets for our event are sold separately at the Clubhouse for \$5 each and must be purchased before the event. Checks may be made out to Town Center Metro District 1. We can't wait to see you there!

#### Howl-oween Pet Parade!

#### Clubhouse / Sunday, November 5<sup>th</sup> 1:00pm \*\*\* Note the date change! Calling all pets and their humans! Costumes for the Pet Parade (and even their humans) are encouraged but not required! Don't miss this opportunity to have fun dressing up your pets and seeing all your neighbors' cute animals in one place! Attendees will be able to cast ballots for their favorite costumes in various categories. Prizes will be bestowed to the top vote getters. *RSVP and more details HERE*

## **Veterans Day Breakfast**

Clubhouse | Saturday, November 11<sup>th</sup> 9:00AM All Veterans and their spouses are invited to The Clubhouse for a very special breakfast. We will also have a slideshow, and room for you to share a story or memory from your time in the service. We would love to share any pictures you are willing to send in for our slideshow and are specifically asking for bootcamp pictures or your official military portrait. <u>Click here</u> for more details and to RSVP! Thank you for your service.

Gina Blakewell, Lifestyle Manager | 5223 Espana St. Denver, CO 80249 | 303-307-4719 Staff Hours: Monday – Friday | 9:00 AM – 5:00 PM | Email: info@theclubfv.com

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### Men's Pancake Breakfast

Clubhouse | Saturday, November 4th 8:00AM Join Jack Sargent and the men of Fairway Villas for a pancake breakfast. You are welcome to come earlier and enjoy a cup of coffee. Cost is \$10.00 per person. Please plan to pay the day of the event. Contact Jack at jacksargent4@aol.com if you'd like to help set up or flip the cakes! For more details or to RSVP please <u>Click Here!</u>

# **Glow Ball – Night Golfing!**

GVR | Saturday, Nov 4th | 5:30PM

Based on the weather forecast this event has been rescheduled. In conjunction with the First Tee GVR, the FV Men's Twilight Golf group is organizing a 9-hole Glow Ball event that will be held on the Par 3 course at GVR Golf Club. This event will be purely for fun and for the unique experience. There will be a \$30 charge that will include green fee, a glow ball, and a donation to the First Tee Foundation. Participation is limited to 45 players, and we will need a minimum of 30 players to play. For more information and to RSVP <u>click here!</u>

## **Creative Endeavors**

Clubhouse Thursday, November 9<sup>th</sup> / 10AM Make a frosted mason jar candle holder! We have 12 mason jars available, or you can bring your own! We will also be frosting pinecones for the Holiday Party. <u>RSVP Here</u>!

#### **Community Watch Meeting**

Lodge | Wednesday, November 8<sup>th</sup> 6PM Join our Community Resource Officers from the Denver Police Dept for the latest updates on safety in Fairway Villas and the surrounding GVR community. The police will be answering questions & concerns regarding recent gunfire heard in the area surrounding Fairway Villas. Officers will also address any other concerns of attending residents.

#### Other Upcoming Events and Meetings from D5 Denver Police:

\*\*\*October 28th 10am-2pm National Drug Take Back Day. Drop off locations below-

- 4685 N Peoria St. D5 Police Station
- 10406 E MLK Blvd Denver Co 80238

\*\*\*October 28th from 1pm-4pm Denver Police

- D5 Halloween Trunk or Treat
- Free Family Fun event. Food, Candy, and haunted house.

\*\*\* The Denver Police Department launched the Denver Public Safety Survey to gather feedback on safety and security concerns from those who live and/or work in Denver. The anonymous online survey can be taken at <u>DenverPublicSafetySurvey.org</u> from October 22nd through December 8th

#### **Active Minds**

Clubhouse Saturday, Nov. 18<sup>th</sup> | 10:30AM John F. Kennedy's life and legacy. Kennedy's brief presidency coincided with some of the most dramatic foreign policy events of his time including the construction of the Berlin Wall, the Cuban Missile Crisis, and the escalation of the Vietnam War. In this Active Minds program, we will cover these milestones, and also seek to go beyond them toward a deeper understanding of the man behind the public image.

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### **Small Group Weight Training**

Lodge Tuesdays and Thursdays | 10AM-11AM Anne Nolan, Certified Sr. Fitness Instructor, will be leading each one-hour training session, and will include work on cardio, strength, flexibility, and balance. Class size is limited to 4-6 people. Please only sign up for one class per week.

OCT 31st ClassNOV 7th ClassNOV 7th Class

NOV 2<sup>nd</sup> Class NOV 9<sup>th</sup> Class

\*Anne also provides one on one personal training for a fee that can be arranged directly by texting her at: (813) 240-6429

### **Grandkids** Club

\*\*\*October 15<sup>th</sup> - December 2<sup>nd</sup> Collect/Donate new toys and books for Toys for Tots and food for Food Bank of the Rockies and Families Forward.

\*\*\*Saturday, December 2<sup>nd</sup> - Toy sort at the Clubhouse.

\*\*\*Sunday, December 3<sup>rd</sup> | 10am-2pm Winter Holiday Party and Toys for Tots delivery. Admission \$5 for Adults, Kids bring a new toy!

# Tai Chi and Qigong

Clubhouse and Lodge *Tues. and Thurs.-9am* Tai Chi and Qigong are a series of repetitive movements (repetitions) along with breathing and meditation that help to strengthen and stretch the whole body! This class is a more traditional type of class that you can do seated or standing and gain health benefits. Join Maureen and enjoy the positive healing energy. Anyone can do it!

## **Step 4 Health**

Clubhouse Wednesdays

Step 4 Health will continue to be the 2<sup>nd</sup> and 4<sup>th</sup> Wednesday of the month.

### **Dignify Dementia**

Clubhouse Wednesday, Dec. 13<sup>th</sup> / 5:30PM Join Jenni Desserich for this first class, in what we hope to make a full series next year. Jenni is the daughter of Fairway Villa's residents, Jim and Crystal Desserich. She is sharing her personal journey with her dad's diagnosis of Lewy Body Disease. Jenni has started a nonprofit, Dignify Dementia, to help promote awareness and advocacy. Their mission is simply to support individuals, family members, and other care partners navigating the challenges of dementia. Visit the Dignify Dementia website <u>HERE</u>. RSVP for Jenni's class at Fairway Villas.

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