FAIRWAY VILLAS

NEWSLETTER

Notes From the Office:

*We are currently posting this Newsletter to Newsletters | Fairway Villas (clubfv.com),
TownSq under documents, and emailing it to residents individually from the Club Gmail.
Beginning in January of 2024, we will only post the Newsletter to the Clubfv website and TownSq.
*The office will be closed Dec. 25th – Jan. 1st.
Nick will be onsite several days next week to ensure everything runs smoothly. Please submit any requests through TownSq that may arise during our absence. If there is an emergency, please contact our Goodwin office for assistance at 855-289-6007. Happy Holidays!

Calendar Quick Links!

Fitness Class Schedule
Activity Schedule
December Calendar of Events

IMPORTANT NOTICE

All of you should have received a request from Westwind regarding the biennial age audit verification. It is imperative that all of you respond. We need to verify to HUD that we meet the age 55 requirement to maintain our status as a 55+ community. The letters request property lot and block numbers; you can find that information on your last property tax bill or from Sabrina in the office. Please keep in mind that Westwind is authorized to issue warnings and possibly take additional disciplinary action against those who fail to submit their responses. Thank you in advance for your cooperation.

Holiday Class Schedule

- *Silvia will not have classes Monday, December 25th.
- *Madhu's yoga classes will go on break from now until the new year.
- *Maureen's Tai Chi classes will resume December 26th.
- *Anne's small group fitness classes will resume in January. Watch for signups!
- *Crochet Club will not meet in January.

Upcoming Events:

New Year's Eve Party!

Gather at the clubhouse for a White Elephant Regift! Sometimes called "Yankee Swap" or "Dirty Santa" you can play a fun gift exchange where you could get the very thing you wanted all along! After the regift pick a game to play (cards, Rumikub, Mahjong, poker, etc.), and watch the ball drop with friends and neighbors.

Bring a sweet or savory snack and beverage of your choice. RSVP HERE

Save the Date! Estate Planning

Lodge *Thursday, January 11th | 4 - 6PM* Kim Ruddell, an estate planning attorney will be on site for a special presentation on wills and wellness. <u>RSVP</u> now, with more information to come!

American Pop, British Invasion

Clubhouse Saturday, January 13th / 5:00PM See original film clips of Paul Revere and the Raiders, Dave Clark Five, Mamas and Papas, Petula Clark and many more! The Club will provide pizza! RSVP HERE

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Tai Chi Open House

Clubhouse Monday, Jan 15th / 6:00-8:00PM
Join Maureen Caldwell for a fun evening learning about Tai Chi and all its benefits! A new year, new wellness goals. This will be an informative evening on the health benefits of Tai Chi and Qigong. Do you have aches and pains, are you stiff, or do you need muscle strengthening, better flexibility and range of motion? Tai Chi and Qigong may be the right class for you. This evening will be an interactive class with light appetizers and community. Please RSVP HERE!

Dignify Dementia

Clubhouse Wednesday, Jan 17th / 5:30PM **Date Change**

Join Jenni Desserich for this first class, in what we hope to make a full series next year. Jenni is the daughter of Fairway Villa's residents, Jim and Crystal Desserich. She is sharing her personal journey with her dad's diagnosis of Lewy Body Disease. Jenni has started a non-profit, Dignify Dementia, to help promote awareness and advocacy. Their mission is simply to support individuals, family members, and other care partners navigating the challenges of dementia. RSVP Here.

Neighbors Helping Neighbors

Clubhouse Sunday, January 14th / 1:00PM NHN will begin again in the new year. Come to this first meeting to hear how you can help and get your name on the new email list. <u>RSVP here</u>.

Active Minds – Albert Einstein

Clubhouse Saturday, January 20th / 10:30AM Widely regarded as one of the greatest scientists of all time, Albert Einstein famously started his career as a patent clerk but would rise to prominence, winning the Nobel Prize for Physics in 1921. Born in Germany, Einstein fled Nazi Germany in the 1930's and became a U.S. citizen in 1940. He warned the U.S. of the Nazi's efforts to develop a nuclear weapon which led to the Manhattan Project and the advent of the nuclear era, a role that troubled him deeply until his death in Princeton, New Jersey in 1955 at the age of 76. Join Active Minds as we trace the life and impact of this great thinker.